

DIETITIAN REFERRAL FORM

- Patient has private health cover or privately paying for service.
- Patient is entitled to DVA services.
- Patient has a GP Referral (Enhanced Primary Care Plan).
- Patient is entitled to NDIS services.
- Patient has a GP Referral (Enhanced Primary Care Plan).

Referring Doctor Details

Please stamp here:

Patient details

Given name: _____ Last name: _____
Date of Birth: _____ Contact No: _____
Sex: _____ Email Address: _____
Medicare No: _____ Home Address: _____
DVA or NDIS No: _____

Reason for referral:

- | | | |
|--|---|---|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Food Allergies/Intolerances | <input type="checkbox"/> Pre- and Postnatal Nutrition |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Gastro-Intestinal Issues/IBS | <input type="checkbox"/> Child Nutrition |
| <input type="checkbox"/> Overweight/Obese | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Others, please specify: |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Liver Disease and Fatty Liver | |
| <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Hormonal disorders (eg. PCOS, Emdometriosis) | |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Eating Disorder, specify: | |
| <input type="checkbox"/> Arthritis Pain & Chronic Inflammation | <input type="checkbox"/> NDIS-Related Health Issues | |

Recommended Nutrition Plans

- Food Diary Analysis**
Patient is required to complete a 3-day food diary one week prior to the initial specialist/GP's appointment. BBDiet will analyse the food diary and provide the specialist/GP and patient with a detailed **Nutrition Analysis Report** which includes analysis of average calorie intake, macro- and micronutrient adequacy, dietary assessment and recommendations. A **Personalised Meal Plan** can be completed based on the nutrition analysis results.
- Dietitian Consultation**
One-on-one dietitian consultations are available onsite in person at the clinic. Telehealth (Phone or Video) and home visits are available on request.
- Heart Health Program**
The Heart Health Program offers a comprehensive dietitian support that aims to empower patients with knowledge and skills for sustainable diet and lifestyle changes to help manage, treat and improve heart disease.

- Personalised Meal Plan**
Patient is required to complete a **Questionnaire Form** after the initial specialist/GP appointment once Nutrition Analysis Results has been discussed. A personalised meal plan based on patient's medical needs and preferences can be developed and emailed to the patient.
- Supermarket Tour**
Supermarket Tour are available online. Patient will learn how to read nutrition label, plan weekly meals and grocery shopping to optimise their health and better manage chronic conditions such as type 2 diabetes and heart disease.
- Defeat Diabetes Program**
The Defeat Diabetes Program offers a comprehensive Dietitian and Diabetes Educator support that aims to empower patients with knowledge and skills for optimal weight and diabetes management as well as making sustainable diet and lifestyle changes to help manage, treat and/or reverse Type 2 Diabetes.

BBDiet Dietitian Services

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